

# KV HVF FIT INDIA SCHOOL WEEK 2020

Debates, Lectures "Diet and Nutrition During  
Pandemic"

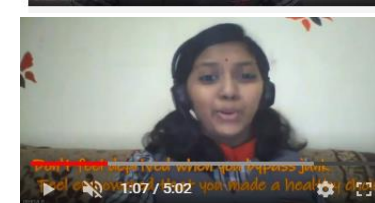
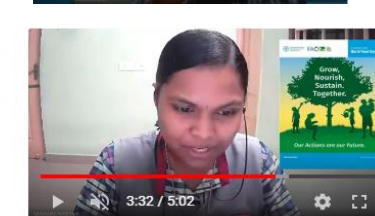
Ishitha XI A

Shruthi XI B

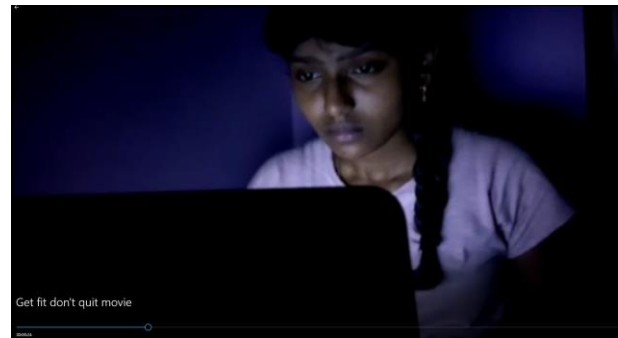


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Podcast Movie Making - GetFit Don't Quit, Mental Health is not a Destination but a Journey



Podcast -Mental Health Not a Destination But a Journey –Sharmile XD



GET FIT DON'T QUIT SHORT MOVIE –Shruthi Ratna Harini XI B,Akshay XI A,Ishitha XI A